AMEN 2022 Annual Conference

Theme: Life More Abundant

CME Agenda & Objectives

Overall Objectives:

At the end of the conference, the learner will be able to:

- 1. Identify the need for Spiritual Care (SC) in the clinical setting and develop practical and effective ways to implement SC on a daily basis.
- 2. Discuss how being involved in ministry improves job satisfaction, increases resiliency, and reduces burnout in healthcare practitioners leading to 'life more abundant'.
- 3. Implement whole person care by sharing principles of living "life more abundant" including the Adventist health message and most importantly, introducing patients to Jesus Christ as the source of true healing and inner peace.

Thursday & Friday October 27 & 28, 2022

Plenary Sessions

Thursday 10/27/22 - 8:00 – 9:00pm

Brian Schwartz, MD

Plenary Session #1 = 1 CME

Title: *Abundant Living through the Gospel*

Objectives:

- 1. Describe the connection between spiritual and physical health in regards to disease.
- 2. Discuss, using practical examples, how to comfortably and effectively integrate spiritual care with physical care.
- 3. Illustrate how the gospel is not only linked to, but necessary, for addressing physical ailments as God provides the power for the patient to make real, lasting change.
- 4. Trace the history of AMEN and a glimpse of where it will lead.

Friday 10/28/22 - 9:30 – 10:40am

John Ahn, MD

Plenary Session #2 = 1 CME

Title: Abundant Abiding: From Fruitless Anxiety to Fruitful Peace in Residency

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Describe the importance of providing whole-person care with an emphasis on spiritual care in the clinical setting.
- 2. Identify the positive impact effectively providing spiritual care in the clinical setting has on patient Quality of Life and perceived Quality of Care.
- 3. Explain how abundant private communion with God leads to effective and abundant public ministry for God both inside and outside the clinic.
- 4. Implement practical ways to replace workplace anxiety with the peace of abiding in God amidst a busy clinic schedule.
- 5. Apply practical ways they learned to share Christ through health evangelism both inside and outside the clinic and earnestly seek God's plans for their unique, individual situations for living a life more abundant through Him.

Friday 10/28/22 - 10:50am – 12:00pm

Carissa Vitorović, MSChap

Plenary Session #3 = 1 CME

Title: When I Can't Heal

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Provide an overview of spiritual care principles within healthcare settings.
- 2. Assess common fears and pitfalls in the implementation of spiritual care support, specifically in the context of terminal or chronic patient conditions.
- 3. Identify steps to reduce fear of professional or spiritual inadequacy in providing whole person spiritual care to patients, particularly when a patient's physical prognosis is poor.
- 4. Expand their conception of spiritual care from simply being an act or intervention to instead being a complete modality of care.

CME Seminar Options (Select ONE Seminar to attend in each time slot)

Breakout Session A: 2:00 – 3:00pm

Select ONE Seminar to attend in each time slot = 1 CME

Andrew Roquiz, MD

Title: Medical Ministry Fellowship: What I learned from 5 years in a mission-based clinic in Idaho

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Identify the power of prayer in the clinical setting and be inspired to pray the prayer that unlocks their medical ministry.
- 2. Evaluate why partnering and with your local church is the most effective way to reap lasting results and behavior changes in your patients' lives. Illustrate practical examples of how to successfully partner with your church.
- 3. Recognize how a life of sacrifice is the way to a life of abundance and be inspired to implement the principles learned.

William Guthrie, MD

Title: Tuning Forks: Are You In Tune?

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Identify how our spiritual intonation affects connection with patients resulting in greater patient satisfaction and in turn, improved patient outcomes.
- 2. Demonstrate how God desires to utilize your medical practice to minister to patients physically, mentally and, most importantly, spiritually as that is the key to true happiness and lasting change in our patients lives.
- 3. Implement practical methods of effective whole person care with an emphasis on sharing Christ in the clinical setting.

Olen Netteburg, MD & Danae Netteburg, MD

<u>Title:</u> Reflecting Christ's Healing Ministry Through Fistula Repair in Africa in the 21st Century.

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Articulate the pathology of obstetric fistulae, as well as its cultural implications.
- 2. Identify the current means of physical, societal, and spiritual restoration happening at Béré Adventist Hospital for these patients.
- 3. Comprehend the differences between medical mission work in a global setting and what daily practice in the United States might be.
- 4. Discuss how to apply these principles in daily American practice to improve patient outcomes and quality of life even here in the United States.

Michael Abesamis, PTA, Al Ursales, MSOP, Pete Lingas, DPT

Title: From Striving to Thriving

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Identify the benefits of incorporating spiritual care and discuss practical ways to effectively integrate spiritual care into your allied health practice.
- 2. Identify three practical ways to bridge a long-term connection with your therapy patients that lead to better patient outcomes and improved patient relations.
- 3. Illustrate how to improve your own quality of life and thrive in your workplace by prioritizing your spiritual health.

Breakout Session B: 3:10 – 4:10pm

Select ONE Seminar to attend in each time slot = 1 CME

Mark Finley, DD (with Ernestine Finley)

Title: Ministering Together: 55 years of Medical Missionary Experiences and How They Apply to Families Today

Objectives:

- 1. Discuss the principles of Medical Evangelism in the context of personal spiritual growth. Illustrate how personal spiritual growth leads to improved quality of life for the provider and subsequently their patients.
- 2. Illustrate how to improve relationships by involving your entire family, office staff, colleagues, etc as part of your Medical Missionary team.
- 3. Discuss personal experiences of God's divine guidance in our lives and share how these apply to each participant.
- 4. Apply the principles of medical missionary work in the context of the 21st century to our families, local congregations, and our larger mission outreach endeavors.

Roger Seheult, MD

Title: Two Ears to Hear and One Mouth to Speak: How to Listen and Speak to Those that Need Ministering

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Explain the pitfalls of incomplete listening.
- 2. Identify areas in their own life where they do not listen properly.
- 3. Recognize how to speak to those they wish to reform.
- 4. Implement principles of effective listening and speaking which will lead to improved relationships with patients, colleagues, staff, and even family members.

Anders Petersen, MD (with Chas Petersen)

<u>Title:</u> Sharing Our Faith Without Apology

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Identify creative ways providers can effectively implement whole person care and spread the gospel in the patient care setting.
- 2. Demonstrate practical ways to increase boldness in sharing the gospel while not alienating patients, but rather increasing their trust in you as a provider.
- 3. Recognize "The Long Game" Illustrate how ministering to patients over time, in specialties such as primary care, can help to confirm and prove your faith with your patients.

Stephanie McNeilus, RN

<u>Title:</u> Nurse-to-Nurse Hand-off: Developing Abundant Relationships with Colleagues (was Nurse-to-Nurse Hand-off: Sharing the Gospel With Colleagues)

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Recognize the power of your conduct and behavior while at work.
- 2. Explain the importance of building good rapport with co-workers.
- 3. Discuss ways to begin spiritual conversations that can lead to Bible studies with co-workers.
- 4. Discuss how to handle possible negative responses from co-workers as a result of spiritual conversation/bible study.
- 5. Demonstrate the outcome of our influence on our co-workers and work units when we make ourselves available to be used by Christ.

Breakout Session C: 4:20 – 5:20pm

Select ONE Seminar to attend in each time slot = 1 CME

Merrick Lopez, MD

<u>Title:</u> Pointing to Jesus: Spiritual Care for Children and Their Families in the ICU

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Discuss how to provide whole person care, particularly emphasizing spiritual care, to children and their families in a hospital and intensive care setting.
- 2. Illustrate how to approach families for prayer during their hospitalization.
- 3. Apply concepts of spiritual care to pediatric cases.

John Torquato, MD

<u>Title:</u> Tired and Alone: How to live an abundant life, while avoiding burnout in medicine and ministry.

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Identify common contributors to being 'tired' in the work of medicine and ministry. Appraise the effect 'tiredness/burnout' has on your abundant life?
- 2. Assess the importance of a team approach to medicine and ministry and identify potential liabilities of being isolated from our ministry partners?
- 3. Evaluate several options that will help you respond positively to failure.
- 4. Identify one method to encourage others to work shoulder to shoulder with you so you are not alone in medicine or ministry.
- 5. Illustrate how you will personally apply the three tools presented in class that can provide strength and fulfillment as you serve Christ through medical ministry.

Andre Castelbuono, MD & Jennifer Castelbuono, MD

Title: Keys to an Abundant Home: Our Journey

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Identify workable methods for realizing "life more abundant" in the home.
- 2. Determine the adjustments needed for a two-physician household to purposefully lead ministry in the home while serving the Lord through medical evangelism.
- 3. Explore practical tools for instilling an earnest love of Jesus in the hearts of the children.
- 4. Identify and utilize appropriate resources for successfully fulfilling the family mission.

Julie Penner, MS, RD

Title: An Abundance Mindset

Objectives:

At the end of the presentation, the learner will be able to:

- 1. Articulate how the ingredients of hope (willpower and way-power) transform lives towards abundance and not only improve patient quality of life, but also improve physical outcomes.
- 2. Identify the science surrounding hope and explain how it can be effectively measured.
- 3. Illustrate the role that thoughts and emotions play in creating an abundant life.
- 4. Utilize the placebo effect advantage and epigenetics in their favor to improve patient well-being.